



## FREEDOM OF INFORMATION REQUEST

Please note the text of this request has been reproduced exactly as received.

**FOI Reference number: FOI 05/2026**

**Date: 17 February 2026**

**Request:**

Please provide copies of the following information held by the Northern Ireland Policing Board for the period 2015–2025:

1. Any reports, papers, or briefings presented to the Board that reference:
  - o PSNI officer mental health
  - o Psychological wellbeing
  - o Stress, trauma, or fatigue
2. Minutes or agenda papers from Board or Committee meetings where officer wellbeing or mental health was substantively discussed.
3. Any commissioned research, audits, or reviews relating to PSNI workforce wellbeing.
4. Correspondence or formal communications between the Policing Board and PSNI senior leadership regarding officer mental health or welfare provision.

This request seeks organisational and policy-level information only. I am not seeking any details that will personally identify any individual, as this is for academic research only.

**Answer:**

I can confirm that the Board may hold information falling within the description specified in your request. However, we estimate that the cost of complying with your request would exceed the appropriate limit. The appropriate limit has been specified in regulations and for the Policing Board it is set at £450. This represents the estimated cost of one person spending 18 hours in determining whether the Board holds the information, and locating, retrieving and extracting the information. Under section 12 of the Freedom of Information Act the Policing Board is not obliged to comply with your request and we are not able to process your request further.

The information sought, if held, would not be specifically retained under the subject headings requested. To establish if the information is held would initially involve a manual trawl of all reports to the Board over the 10 year time period that the request relates to.

By way of assistance the various minutes of the Board Meetings and Committee meetings can be accessed at:

[www.nipolicingboard.org.uk/board-minutes](http://www.nipolicingboard.org.uk/board-minutes)

[www.nipolicingboard.org.uk/board-committee-minutes](http://www.nipolicingboard.org.uk/board-committee-minutes)

If you have queries about this request or the decision please contact the Board quoting the reference number above. If you are unhappy with the service you have received and wish to make a complaint or request a review you should contact the Board's Chief Executive -

Via Email: [foi@nipolicingboard.org.uk](mailto:foi@nipolicingboard.org.uk)

Or in writing at the following address:

Northern Ireland Policing Board  
James House  
Block D  
2 – 4 Cromac Avenue  
The Gasworks  
Belfast  
BT7 2JA

You should contact the Board within 40 working days of this response.

If you are not content with the outcome of your complaint, you may apply directly to the Information Commissioner. Generally, the Information Commissioner's Office cannot investigate or make a decision on a case unless you have exhausted the complaints procedure provided by the Board. You should make complaints to the ICO within six weeks of receiving the outcome of an internal review.

The Information Commissioner can be contacted at the following web link –

[www.ico.org.uk/foicomplaints](http://www.ico.org.uk/foicomplaints)

or in writing at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
SK9 5AF

Telephone: - 0303 1231114

Email: - [ni@ico.org.uk](mailto:ni@ico.org.uk)

Please be advised that Policing Board replies under Freedom of Information may be released into the public domain via our website @ [www.nipolicingboard.org.uk](http://www.nipolicingboard.org.uk).

Personal details in respect of your request have, where applicable, been removed to protect confidentiality.